

Crunchy Roasted Original Nuts

NUTRITIONAL FACTS

Ingredients: peanuts, water, flour, sugar, salt, soy sauce, monosodium glutamate.

Serving Size 1 oz (28.3g)

Total Calories 149

Calories from Fat 79

	Amount per Serving	DV%*
Total Fat	9g	14%
	Sat Fat	1.6g 8%
	Trans Fat	0g 0%
Cholesterol	0mg	0%
Total Carbohydrates	12g	4%
Sodium	130mg	5%
Fiber	1.5g	6%
Sugars	<1g	0%
Protien	5.3g	11%
Vitamin A		0%
Vitamin C		0%
Calcium		14%
Iron		0%

*Percent Daily Values (DV%) are based on a 2000 calorie diet