

Crunchy Roasted Macadamia Nuts

NUTRITIONAL FACTS

Ingredients: Macadamia nuts, water, flour, sugar, salt, and soy sauce. No Preservatives.

Serving Size	1 oz. (28.3g)
Total Calories	171
Calories from Fat	119

	Amount per Serving	DV%*
Total Fat	13g	20%
	Sat Fat	2g 10%
	Trans Fat	0g 0%
Cholesterol	0mg	0%
Total Carbohydrates	0	4%
Sodium	118mg	5%
Fiber	1g	4%
Sugars	<1g	0%
Protein	2.2g	4%
Vitamin A		0%
Vitamin C		0%
Calcium		1%
Iron		1%

*Percent Daily Values (DV%) are based on a 2000 calorie diet